

BC/YUKON COMMAND
The Royal Canadian Legion

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TO: All Branches
For Information of Members of Command Executive Council

FROM: Terri Orser, Provincial OSI Special Section Representative

SUBJECT: OSI Special Section Programs

Memo 61.26

Comrades,

The OSI Special Section offers outreach, peer support, and referrals for Veterans and families affected by operational stress injuries. Our membership exists primarily online and is open to any Veteran affected by an OSI, and their families.

The section currently has two main programs open for Branches to host at their location – OP Vet Build and Buddy Check Coffee. Please visit this link for more information:
<https://www.legion.ca/support-for-veterans/peer-support-programs>.

I am excited to share that the section is looking at starting two additional programs in 2027:

- Operation Eat Well: Will use Branch kitchens to teach Veterans and their families how to prepare healthy meals, emphasizing the link between diet and mental health.
- Operation Green Thumb: An urban gardening initiative using outdoor spaces to grow vegetables. Participants and Veterans in need will share the produce, with some supplied to Operation Eat Well. The program will promote healthy living and address food insecurity.

The Section would like to understand how many Branches currently run an OSI Special Section program. We would also like to gauge Branch interest in participating in our new programs when they are available.

I would appreciate if each Branch can take a few minutes to answer this short survey to help us better understand how our programs are serving you:

<https://survey.zohopublic.com/zs/BdDBW1>

If your Branch is interested in learning more about our programs or how you can get started, please reach out to the office at info@legionbcyukon.ca.

In Comradeship,

Terri